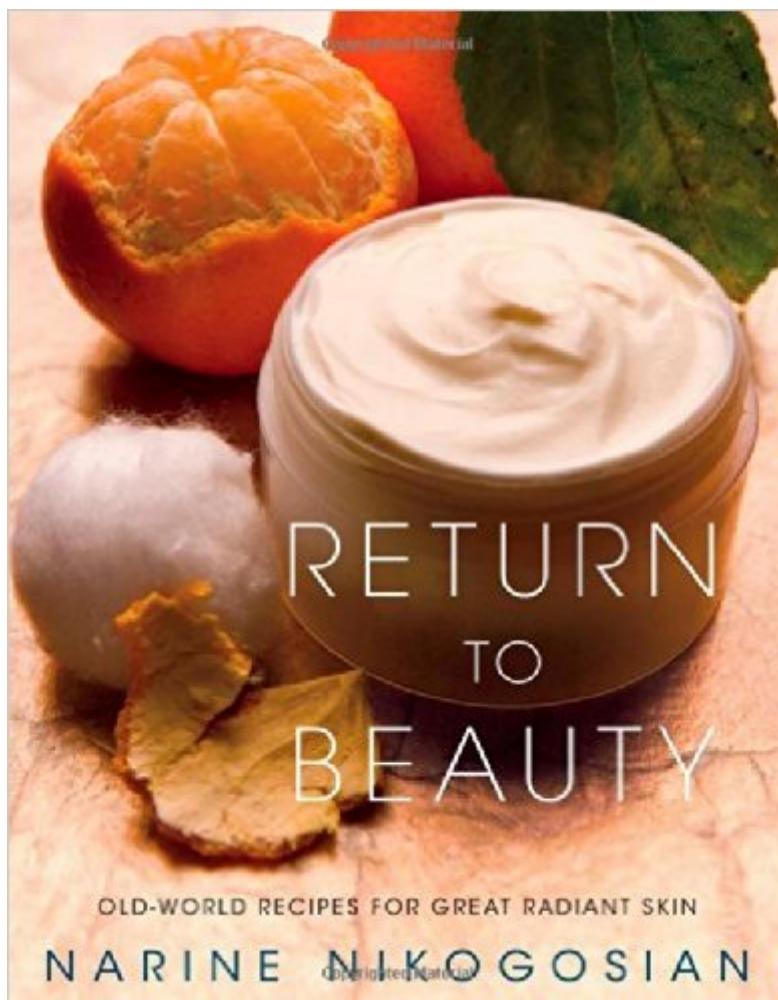


The book was found

# Return To Beauty: Old-World Recipes For Great Radiant Skin



## **Synopsis**

Return to Beauty offers regimens made from fresh ingredients that can be found right in your kitchen. With recipes for winter, spring, summer, and fall, you can look beautiful throughout the year. Narine Nikogosian's natural and inexpensive products can be whipped up in less than ten minutes. Have a jar of honey in your pantry? Mix it with a few crushed walnuts to create a sensual, aromatic scrub for oily skin. Use dabs of cottage cheese to lighten undereye circles, or almond oil to rehydrate cracked lips. Narine also provides recipes based on astrological signs, such as for Scorpio, a Gracious Grapefruit Mask made of grapefruit, egg yolk, and soothing honey to rejuvenate your skin even after a late night. Narine is from a long line of Armenian women who have been harnessing the powers of nature to create everlasting beauty. For the first time, she reveals her secrets so that you can have star-worthy skin.

## **Book Information**

Hardcover: 272 pages

Publisher: Atria Books; First Edition edition (November 10, 2009)

Language: English

ISBN-10: 1439126062

ISBN-13: 978-1439126066

Product Dimensions: 7.4 x 0.9 x 9.2 inches

Shipping Weight: 1.7 pounds

Average Customer Review: 4.2 out of 5 stars See all reviews (34 customer reviews)

Best Sellers Rank: #841,106 in Books (See Top 100 in Books) #46 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Cosmetics #50 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Skin Care

## **Customer Reviews**

Return To Beauty is a excellent book to create your own beauty recipes! The book is divided up into 6 parts. Part 1) Seasons Part 2) Sun Signs Part 3) Simple Solutions Part 4) Pregnancy Part 5) How To Give Yourself A Facial Part 6) No Frills For Men Narine Nikogosian starts her book out with a wonderful although quick introduction, allowing the readers a peek into her philosophy about natural skin care. The photos in the book are just lovely! I have two other beauty recipe books (see bottom of review) and neither of those books have a single photo! The beautiful photographs are definetly a bonus treat, as well as the way the recipes are displayed, using larger print than the other two books that I own (and love). The most important aspect that makes Return To Beauty a excellent book has

to be how EASY the recipes are! I have had to buy sticky notes to add to so many of the recipes so I can find them again quickly. The recipes use everyday items you probably already have in your kitchen. Mayonnaise, Lemons, Yougurt, Cottage cheese, Honey, Butter, Milk, Salt, Tea bags, Olive oil, Eggs, Flour, Vinegar, Juices, To just name a few... and some of the ingredients I didn't have and had to purchase are: Vodka, Cognac, Almond oil, Shredded coconut, Sparkling mineral water, Rose oil, Cornstarch, Cherries, Heavy cream, Figs. There are so many recipes that just use two or three simple ingredients and not one of the recipes requires very much effort at all! The alcohol recipes center on facial toners and masks and require very little alcohol so I just bought the tiny travel bottles and they last a long time.

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